



## **Dr. JessB™ BIOGRAPHY (sample)**

Dr. Jessica Brereton Peterkin (Dr. JessB™) is the wife of an educator, mother of a budding musician, a family dentist, and entrepreneur. With a passion for community health and wellness, Dr. JessB™ is an advocate for change and empowerment for the minority community which is evident in her body of work which includes countless hours of civic engagement and philanthropic efforts. Co-author of Amazon's Bestseller book series "Empower Now", Dr. JessB™ utilizes her own life experiences to educate, advocate, inspire, and assist the marginalized including at-risk youth, special needs, pregnant women, minority women, the elderly, and foster children. When not busy saving the world, Dr. JessB™ enjoys spending time with her family in the great outdoors, traveling, and dancing.

---

*A list of topics (not exhaustive) in which Dr. JessB™ is familiar with presenting and or discussing (panel-like) are below. Please note, each topic outside of dentistry/oral health, requires at least **2 weeks** time for advance preparation. Please plan and book in well in advance to maximize the benefit of selecting Dr. JessB™ as your speaker.*

## **Topics**

Overcoming Anxiety	Work Life Balance
Overcoming the Odds	Making friends as an adult
Introverted & Successful	Empowerment for recent grad (HS or College)
Mother/Daughter Issues	Positive Parenting
Letting go of the past	Oral Health
Accepting Yourself	Breastfeeding
Moving on After a Breakup	Sibling Best friends
Self Employed	Mental Health
Starting a business	Women in STEM
Starting a Non-Profit	Self Criticism
Practicing Forgiveness	Productivity Management
Social Anxiety	Changing Old Habits
Affirmations and expressing gratification	Spiritual Beliefs
Entrepreneurship	Building Confidence
Fear to Accept Love	Sexual Abuse – "Me Too"
Accepting People as They Are	Finding Yourself
Communicating with Your Younger Children	Racism
Negativity Management	Working in a Male Dominant field
Being stubborn/ how to break it	Medical Health
Growing confidence to speak up	Healthy habits

